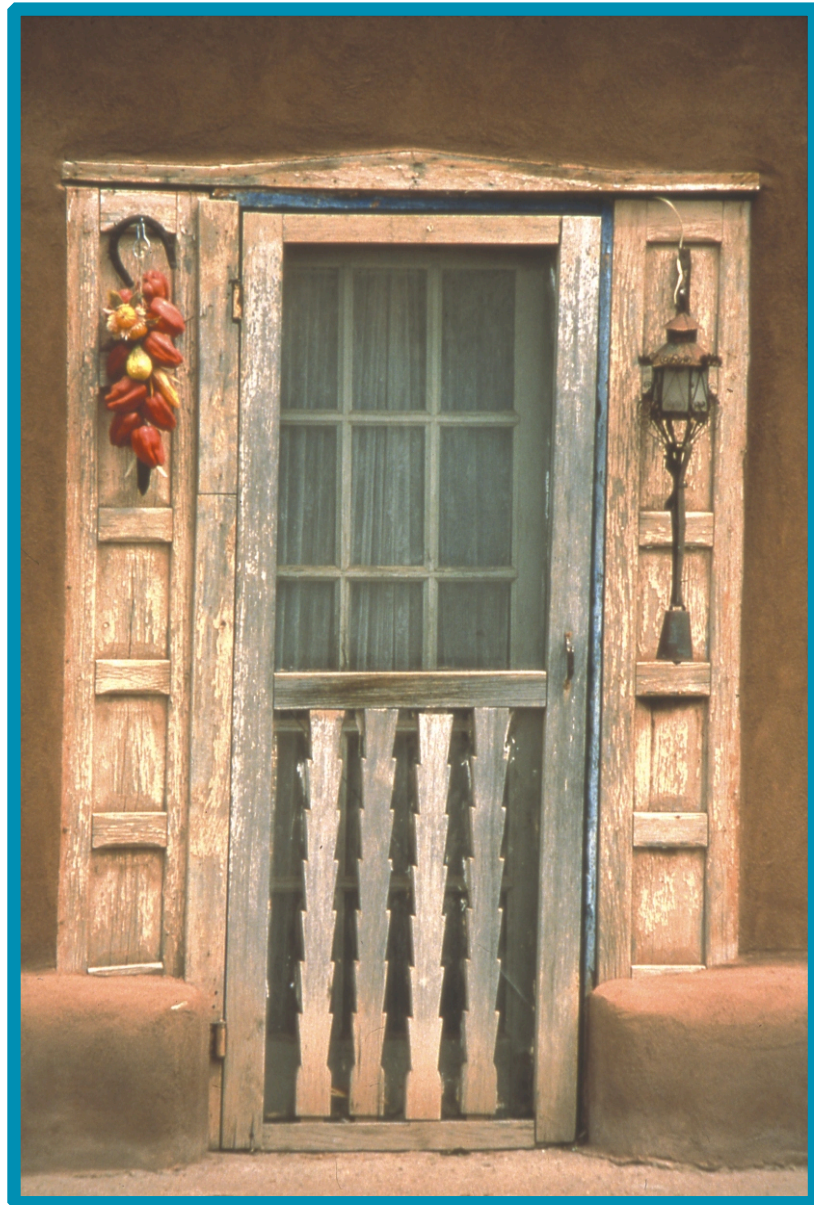


City of Santa Fe Division of Senior Services PROGRAMS & CALENDAR



2006

**CHIMAYO • EDGEWOOD • EL RANCHO • ELDORADO • LUISA
MARY ESTHER GONZALES • PASATIEMPO • RIO EN MEDIO
SANTA CRUZ • VENTANA DE VIDA • VILLA CONSUELO**

Division of Senior Services Accomplishments



The Division of Senior Services was established in 1976 with the mission to support and assist senior citizens. Our services allow older adults to remain living in their own homes as comfortably and as independently as possible, thereby avoiding institutionalization while they actively contribute to the community. A belief in our seniors and a desire to promote the continuation of an active life has reinforced a commitment of care and quality in a variety of programs, at our eleven senior centers.

During Fiscal Year 2004/2005, we provided the following services:

- Membership enrollment totaled more than 7,400 seniors
- Transportation provided 58,227 rides
- Nutrition served 83,854 meals through the congregate meal sites
- Meals on Wheels delivered 148,735 meals to homebound seniors
- Outreach/Advocacy Representation was provided 9,590 times
- Health Promotion/Assessment Screening was provided 3,550 times
- Homemaker Services were provided for 158 individuals, totaling 7,000 hours
- Respite (Alzheimer's relief) staff provided approximately 5,500 hours of service, assisting 74 clients
- Family Caregiver Support provided counseling, medical equipment and financial support to over 101 families
- Foster Grandparent volunteers provided over 34,000 hours of service to children with special/exceptional needs
- Senior Companion volunteers provided over 31,500 hours of assistance to frail, homebound clients
- Retired and Senior volunteers provided over 148,000 hours of service all over Santa Fe County

For the past 29 years, the Division of Senior Services has consistently expanded programs and tried new ideas while maintaining a steady and vital resource for seniors. We look forward to continuing to provide efficient, quality services to our clientele.

City of Santa Fe

Division of Senior Services

The Division of Senior Services offers a variety of programs to senior citizens (age 60 and over) at eleven senior centers throughout the City and County of Santa Fe. The services provided are essential parts of a long-term care system through the provision of the following programs:

Administration/Information Phone 955-4721

Activities Programs	955-4725	Outreach	955-4760
Benefits Counseling	955-4721	Recreation/Fitness	955-4754
Family Caregiver Support Program	955-4745	Respite Care Program	955-4745
Foster Grandparent Program	955-4761	Retired & Senior Volunteer Program	955-4760
Health Promotion	955-4754	Rx America Group, Inc.	955-4721
Home Management	955-4745	Senior Companion Program	955-4761
Meals on Wheels	955-4748	Senior Olympic Program	955-4754
Membership ID Cards	955-4722	Special Events	955-4725
Non-Medical Personal Care	955-4745	Tax Aide Program	955-4721
Nutrition	955-4711	Transportation	955-4700

City of Santa Fe Website: www.santafenm.gov

Go to City Services, then Senior Services for an information and referral resource directory.

ACTIVITIES PROGRAMS A great variety of activities are available for senior citizens. Included are exercise classes, cookouts, art technique, clay, weaving, tin work, painting, arts and crafts, drawing, ceramics, wood carving, quilting, bingo, day trips, crochet, embroidery, knitting, sing alongs, dances, holiday events and senior center meetings. For more information contact Lupita Martinez at 955-4725, Christine Sanchez at 955-4715 or Carmen Chávez-Luján at 955-4754.

Email: lsmartinez@santafenm.gov

BENEFITS COUNSELING The New Mexico Aging and Long-Term Services Department offers free, unbiased information from trained volunteers to help determine whether seniors are receiving all the benefits they have earned and are entitled to. Benefits include issues to do with managed care, residents' rights, Social Security, utility bill payment assistance, prescription drug coverage, low-cost health and dental care, legal problems, and much more. For more information or to schedule a free consultation at the Mary Esther Gonzales (MEG) Senior Center, contact 955-4721.

FAMILY CAREGIVER SUPPORT PROGRAM This program is designed to meet the needs of those providing care to family members. Educational/emotional support and guidance sessions are offered to the caregiver. Financial support is also available in the form of reimbursements to hire relief care providers, pay medical bills, or to pay caregivers who miss work due to their care giving. There is also a free equipment loan bank. For more information or to schedule an assessment for services, contact Theresa Gabaldon at 955-4745. Email tpgabaldon@santafenm.gov

FOSTER GRANDPARENT PROGRAM (FGP) This program offers seniors age 60 and over opportunities to serve as mentors, tutors and caregivers for children and youth with special needs. Foster Grandparents provide 20 hours of service weekly to community organizations such as schools and youth centers. Additionally, they offer emotional support to children who have been abused and/or neglected, mentor troubled teenagers and young mothers and care for premature infants and children with physical disabilities. Foster Grandparents receive modest tax-free stipends, reimbursement for transportation, meals during service, annual physical examinations, and free supplemental insurance while on duty. For more information contact Melanie Montoya at 955-4761 or Louise Kippert at 955-4744.

Email mmmontoya@santafenm.gov or lvkipper@santafenm.gov

HEALTH PROMOTION This program provides a wide variety of health education sessions and workshops on preventive health issues. Included are monthly blood pressure clinics, blood sugar and oxygen level tests, bi-monthly fall prevention/strength & balance workshops, etc. We also co-sponsor the annual Health & Safety Extravaganza. For more information contact Carmen Chávez-Luján at 955-4754. Email cchavez-lujan@santafenm.gov

HOME MANAGEMENT This program provides assistance with housekeeping chores. Services include light housekeeping (mopping, sweeping, dusting, washing dishes, laundry, ironing, etc.), light meal preparation and assisting with errands, grocery shopping, etc. For more information or to schedule an assessment for services, contact Theresa Gabaldon at 955-4745. Email tpgabaldon@santafenm.gov

MEALS ON WHEELS Home delivered meals are available Monday through Friday for frail homebound elderly. The daily delivered meals are the same as those for the senior center meal sites, which provide 1/3 of the United States Recommended Daily Allowance (USRDA). For more information or to schedule an assessment for services, contact Juan Apodaca at 955-4748 or Robert Duran at 955-4747.

MEMBERSHIP ID CARDS If you are age 60 or over become a member and receive a Senior Center Membership ID Card for \$2.00. The cards are good for participation at any senior center throughout the City and County of Santa Fe, and they do not expire. Presentation of your membership ID card is requested during receipt of meals, transportation and participation in activities. Enrolling as a member and presenting your card for all services helps our programs secure future funding. For more information contact Brenda Ortiz at 955-4722, or Gloria Polaco at 955-4721. Email bmortiz@santafenm.gov

NON-MEDICAL PERSONAL CARE This program provides bathing, shaving, dressing, manicuring, and other grooming for frail homebound elderly. Assistance includes range-of-motion and low-impact exercises to strengthen their physical condition. For more information or to schedule an assessment for services, call Theresa Gabaldon at 955-4745. Email tpgabaldon@santafenm.gov

NUTRITION Congregate dining in a pleasant, relaxed environment is available Monday through Friday at eleven meal sites throughout the City and County of Santa Fe. The Division of Senior Services offers well balanced, nutritious meals, which provide 1/3 of the United States Recommended Daily Allowance (USRDA). Breakfast is served at the Luisa, Mary Esther Gonzales and Pasatiempo Senior Centers from 7:30 a.m. to 8:30 a.m. for a suggested donation of \$1.00, for seniors 60 and over. Lunch is served at all eleven centers, generally from 11:00 a.m. to 12:30 p.m. for a suggested donation of \$1.50, for seniors 60 years and over. Meal tickets are available for a suggested donation of \$12.50 for 10 Meals. For more information contact Ron Vialpando or Lugi Gonzales at 955-4711. Email rjvialpando@santafenm.gov or lgonzales@santafenm.gov

MEAL SITES

*Chimayo Center (Bennie J. Chavez)	351-4686	*Pasatiempo Center	955-6433
*Edgewood Center	281-2515	*Rio en Medio Center	988-3053
*El Rancho Center	455-2195	*Santa Cruz Center (Abeldon Lopez)	753-8598
Eldorado Center	no phone	*Ventana de Vida Center	955-6731
*Luisa Center	955-4717	Villa Consuelo Center	474-5431
*Mary Esther Gonzales Center	955-4721		

*Commercialized meal site kitchens

OUTREACH Senior Services provides the outreach of senior-related information in a variety of ways. Staff is available at all times to answer questions and provide advice and phone numbers for needs outside of Senior Services. Aside from the *Division of Senior Services Programs and Calendar of Events*, the *Senior Scene Newsletter* is published monthly and 3,000 copies are distributed throughout the City and County of Santa Fe. A weekly article in *The New Mexican* newspaper explores issues pertinent to seniors. Additionally, information is announced each weekday morning on the Que Suave radio station at 810 AM. In order to keep in touch with the needs of Santa Fe at large, staff members sit on a number of Boards and committees. For more information or to submit outreach materials for these publications, contact Kristin Slater-Huff at 955-4760. Email kwslater-huff@santafenm.gov

RECREATION/FITNESS All of the senior centers have opportunities for fitness and recreation. The Mary Esther Gonzales (MEG) Center has a full exercise room (open 7:30am-4:30pm), and the Pasatiempo Center has scheduled, instructor-led, fitness classes five days a week. Card playing and five billiards tables are available at the MEG Center and one billiard table at the Luisa Center. The Chimayo, El Rancho and Santa Cruz centers have looms for weaving. The MEG Center has a full size, theater-style movie screen and projector.

RESPITE CARE PROGRAM This program provides relief to primary caregivers of individuals diagnosed with Alzheimer's disease or dementia-related disorders, thus enabling the caregiver a break from the stress and the special care needs required of those individuals. This service provides companionship, maintains a clean and safe environment, and includes minor meal preparation, memory exercises and minor non-medical personal care. For more information or to schedule an assessment for services, contact Theresa Gabaldon at 955-4745. Email tpgabaldon@santafenm.gov



RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP) This program provides interested seniors age 55 and over with a wide variety of volunteer opportunities that meet vital community needs. The program supports volunteers through a free supplemental insurance program, volunteer recognition events, "thank you" gifts and birthday recognition. Volunteer opportunities include food distribution, benefits counseling, mentoring, hospital and library services, office reception, homeland security, senior center activities, and much more. For more information contact Kristin Slater-Huff at 955-4760 or Cristy J. Montoya at 955-4743. Email kwslater-huff@santafenm.gov

RX AMERICA Do you need help filling out your VA application for medical and prescription benefits? Do you need help in filing an application for Medicaid benefits (\$600 per month more or less) or the new Part D, of Medicare? Do you need help in getting the Legal Referral people to assist you with your legal problems? How about purchasing imported prescription drugs at 30-90% off of what it would cost you here in Santa Fe? If you answered yes to any of the above questions, then set up a free consultation appointment with Andres Romero, who works with the non-profit organization Rx-America Group, Inc. For more information or to schedule an appointment contact the MEG Center at 955-4721. Email: FxzK12A@aol.com or andresromero@comcast.net

SENIOR COMPANION PROGRAM (SCP) This program offers seniors age 60 and over opportunities to serve as companions and/or caregivers for individuals with special and exceptional needs. Senior Companions provide a total of 20 hours of companionship per week, serving several frail homebound elderly and offering emotional support to seniors who have been abused and/or neglected. Senior Companions receive modest tax-free stipends, reimbursement for transportation, meals during service, annual physical examinations and free supplemental insurance while on duty. For more information or to schedule an assessment, contact Melanie Montoya at 955-4761 or Louise Kippert at 955-4744. Email mmmontoya@santafenm.gov or lvkipper@santafenm.gov

SENIOR OLYMPIC PROGRAM This program provides men and women, ages 50 and over, physical activities as well as an opportunity to share friendship with their peers city and county-wide. Senior Olympians participate within their own age category in athletic and recreational events. The program is designed to further motivate seniors to participate in year-round wellness activities, which heighten their physical and mental fitness. For more information contact Carmen Chávez-Luján at 955-4754. Email cchavez-lujan@santafenm.gov



SPECIAL EVENTS Many special events are coordinated each year. Senior centers host craft sales/bake sales as well as cook outs, birthday celebrations and holiday events. On occasion, the MEG Senior Center hosts Lawyer Referral for the Elderly, which provides free legal seminars and one-on-one consultations, AARP 55-Alive Defensive Driving Classes and other AARP related activities, Social Security Town Hall Meetings, etc. The Volunteer Programs host recognition and training events. For more information, contact Lupita Martinez at 955-4725. Email lsmartinez@santafenm.gov

TAX AIDE PROGRAM The Division of Senior Services, in conjunction with AARP New Mexico and the Santa Fe Community College, provide completion and electronic filing of income taxes for low-income seniors. This service runs, free of charge, every year from the beginning of February to April 15. For more information, contact Senior Services at 955-4721.

TRANSPORTATION Services are provided Monday through Friday from 8:00 a.m. to 4:30 p.m. for grocery shopping, doctor appointments and social service agency appointments. Transportation reservations **MUST BE MADE 24 HOURS IN ADVANCE**, before 3:00 p.m. There is a suggested donation of .50¢ per ride, for seniors age 60 and over. Drivers may arrive up to 15 minutes before or after scheduled pick up time, depending on previous pick-ups. For more information contact Robert Chavez. To schedule a ride, contact Fran Rodriguez at 955-4700.

TRAVEL Senior Services staff works with the volunteer Travel Committee to orchestrate exciting trips for seniors to destinations including Laughlin, NV, Branson, MO, Carlsbad, NM, and occasionally even Hawaii. The proceeds from the trips are reverted back to the Division of Senior Services to strengthen other senior programs. For more information contact 955-4721, or Mary Dean at 955-4777. Email mbdean@santafenm.gov

Santa Fe City and County Senior Center Locations

CHIMAYO SENIOR CENTER
(Benny Chavez Community Center)
Rte. 1, Box 6-B
(on Juan Medina Rd.)
Chimayo, NM 87522
(505) 351-4686

ELDORADO COMMUNITY CENTER
1 Hacienda Loop
Santa Fe, NM
(Phone TBA)

PASATIEMPO SENIOR CENTER
664 Alta Vista Street
Santa Fe, NM 87501
(505) 955-6433

VENTANA DE VIDA SENIOR CENTER
1500 Pacheco Street
Santa Fe, NM 87505
(505) 955-6731

EDGEWOOD SENIOR CENTER
114 Quail Trail
Edgewood, NM 87015
(505) 281-2515

LUISA SENIOR CENTER
1522 Luisa Street
(entrance on Columbia St.)
Santa Fe, NM 87501
(505) 955-4717

RIO EN MEDIO SENIOR CENTER
El Alto Lane
Rio en Medio, NM 87506
(505) 988-3053

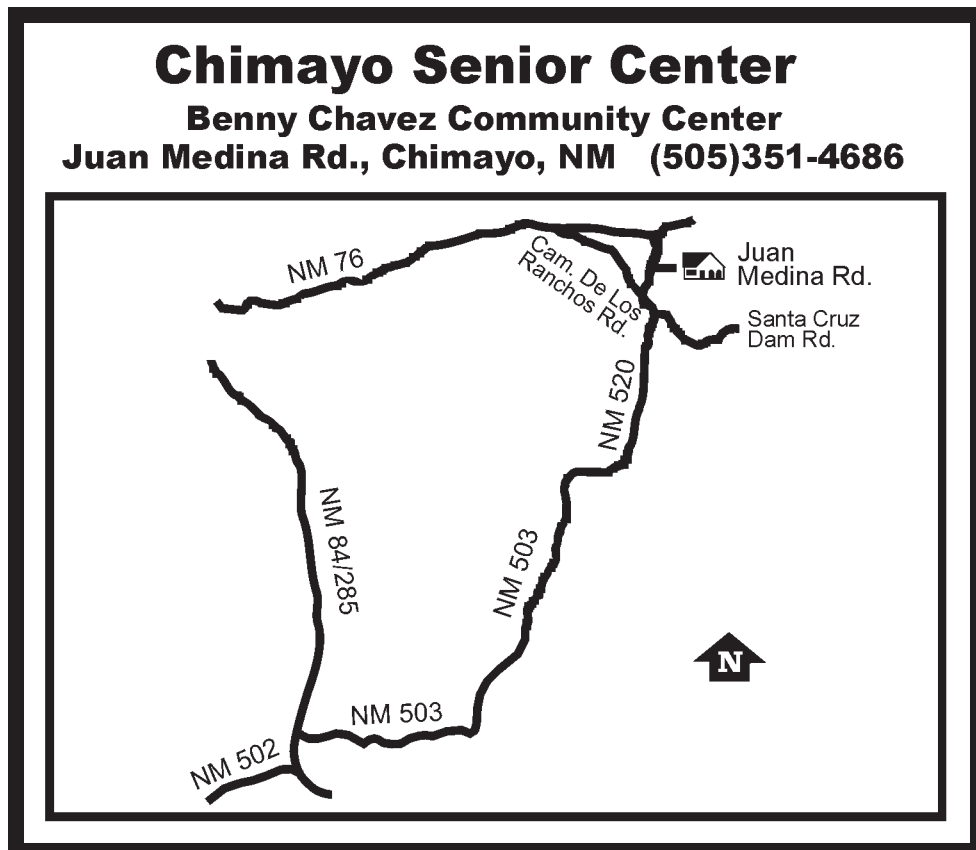
VILLA CONSUELO SENIOR CENTER
1200 Camino Consuelo
Santa Fe, NM 87505
(505) 474-5431

EL RANCHO SENIOR CENTER
SFC 101 D
Santa Fe, NM 87501
(505) 455-2195

MARY ESTHER GONZALES SENIOR CENTER (MEG CENTER)
1121 Alto Street
Santa Fe, NM 87501
(505) 955-4721

SANTA CRUZ SENIOR CENTER
(Abedon Lopez Community Center)
145 Santa Cruz Site
Santa Cruz, NM 87567
(505) 753-8598

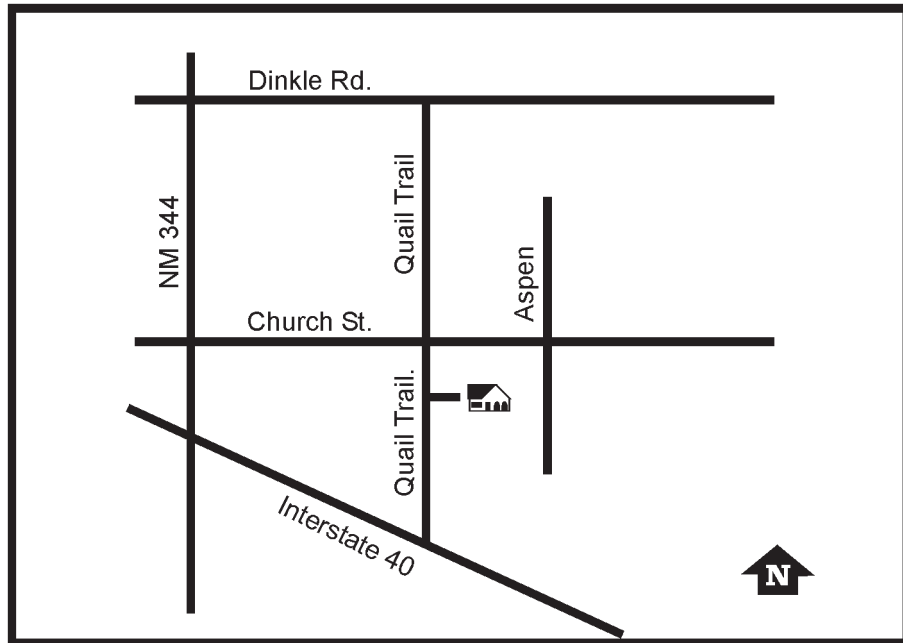
All centers are open Monday through Friday, except holidays. Call for specific times.



Edgewood Senior Center

114 Quail Trail Edgewood, NM

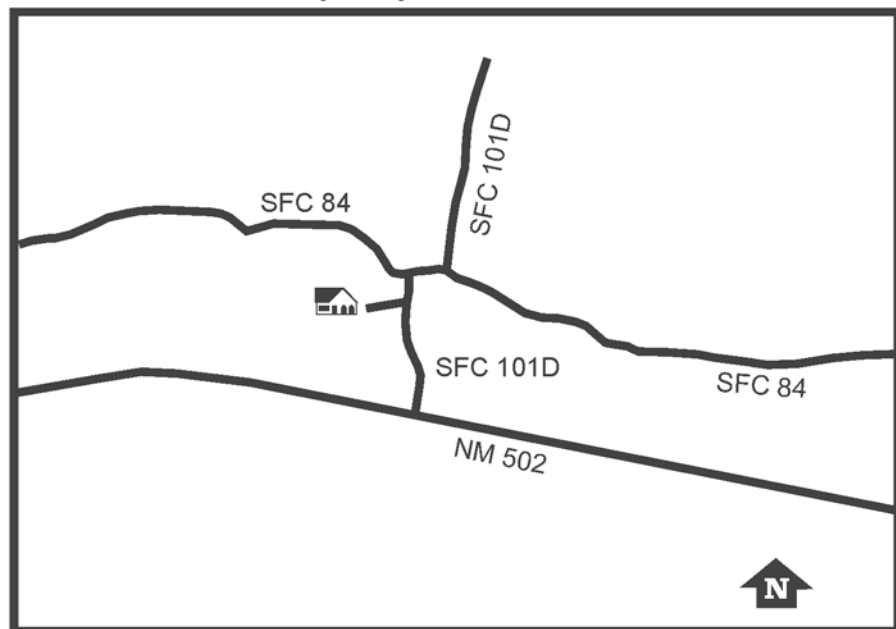
(505)281-2515



El Rancho Senior Center

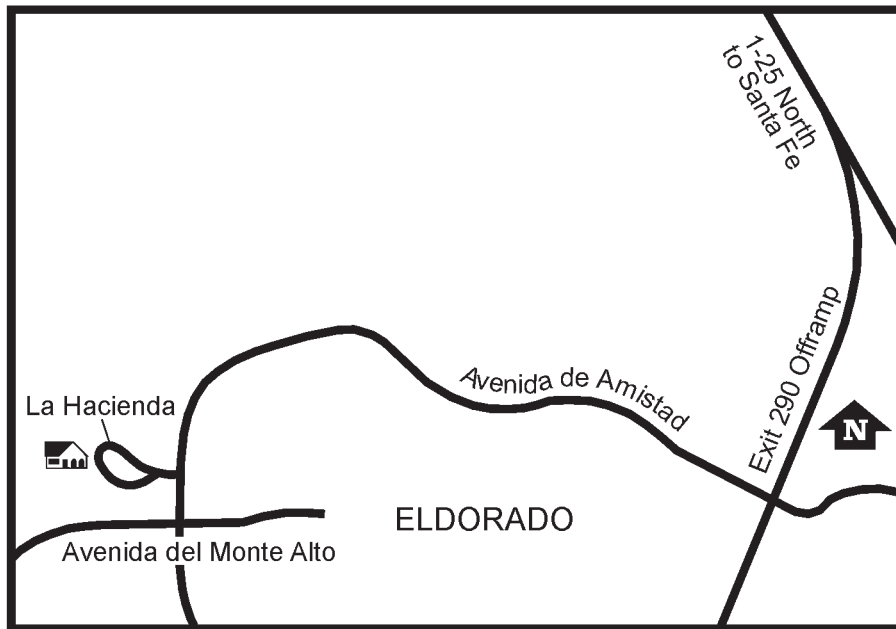
SFC 101D Santa Fe, NM

(505) 455-2195



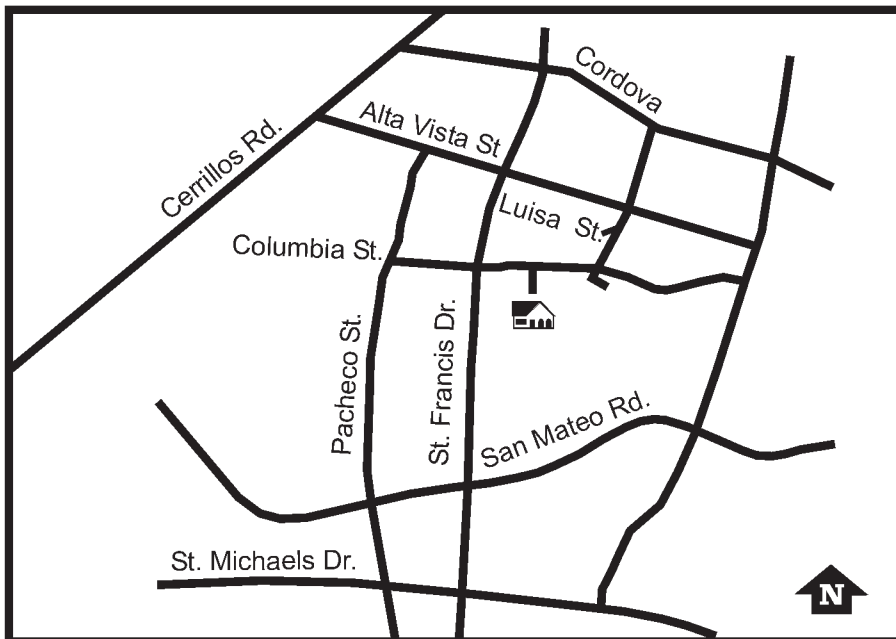
Eldorado Community Center

1 Hacienda Loop Santa Fe, NM
(Phone TBA)



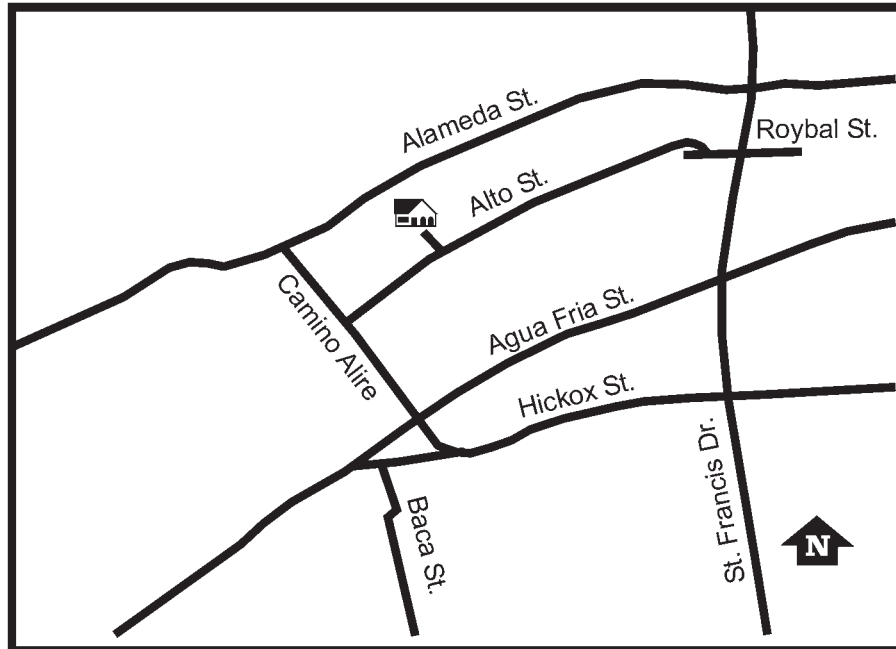
Luisa Senior Center

1522 Luisa St. Santa Fe, NM
(505) 955-4717



Mary Esther Gonzales Senior Center

**M.E.G. Center 1121 Alto St.
Santa Fe, NM (505) 955-4721**



Pasatiempo Senior Center

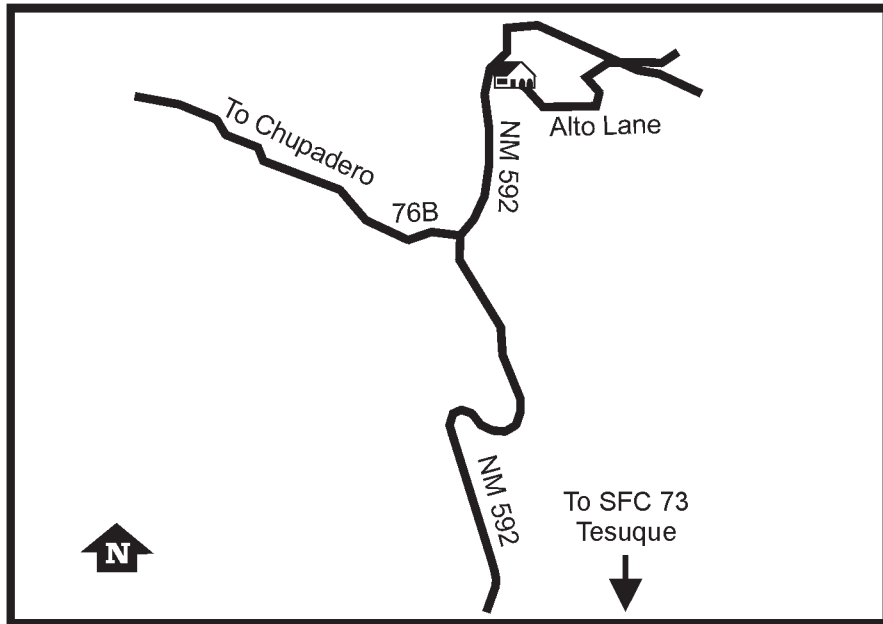
**664 Alta Vista St. Santa Fe, NM
(505) 955-6433**



Rio en Medio Senior Center

El Alto Lane Rio en Medio, NM

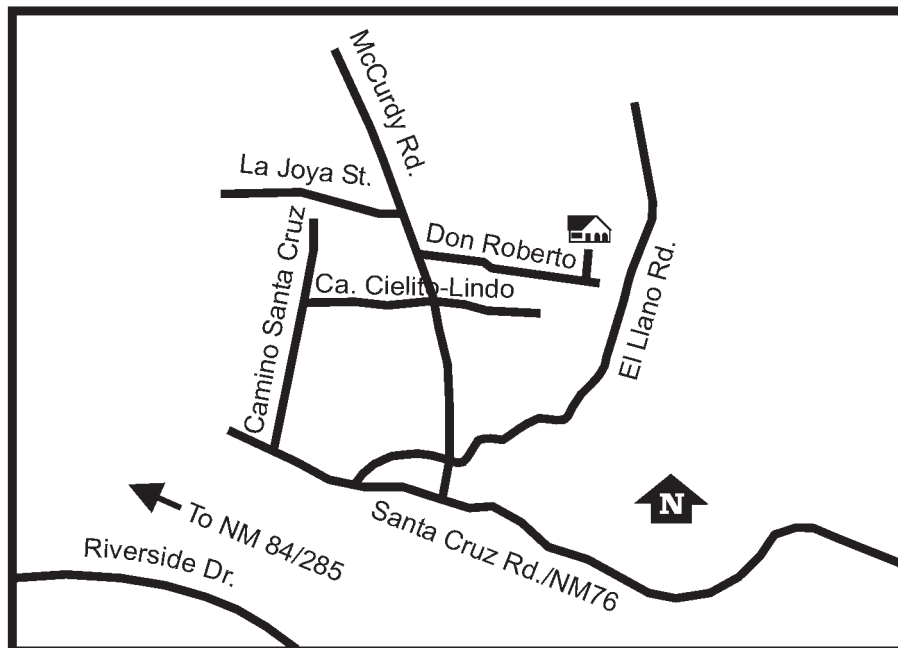
(505) 988-3053



Santa Cruz Senior Center

Abedon Lopez Community Center

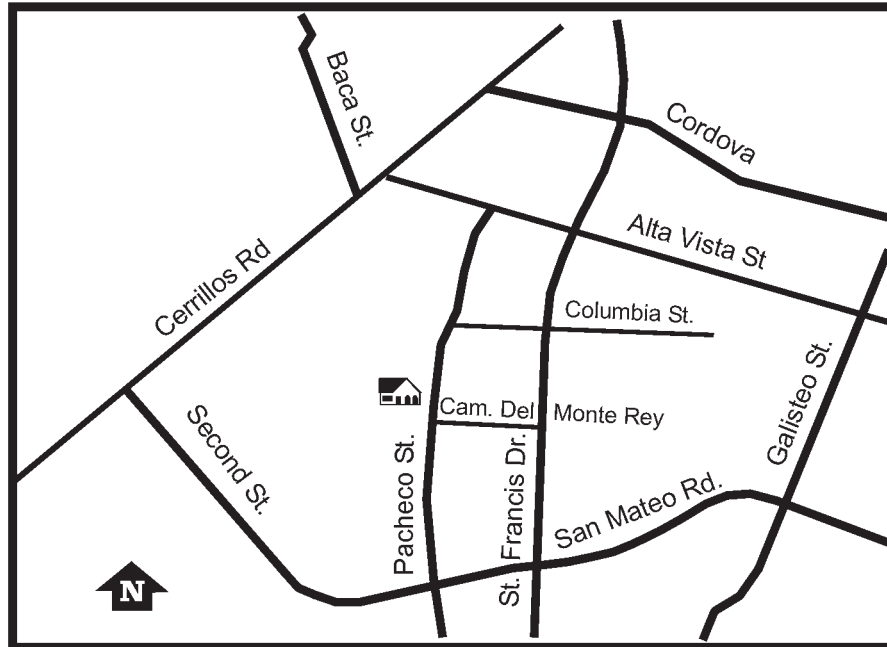
Don Roberto, Santa Cruz, NM (505) 753-8598



Ventana de Vida Senior Center

1500 Pacheco St. Santa Fe, NM

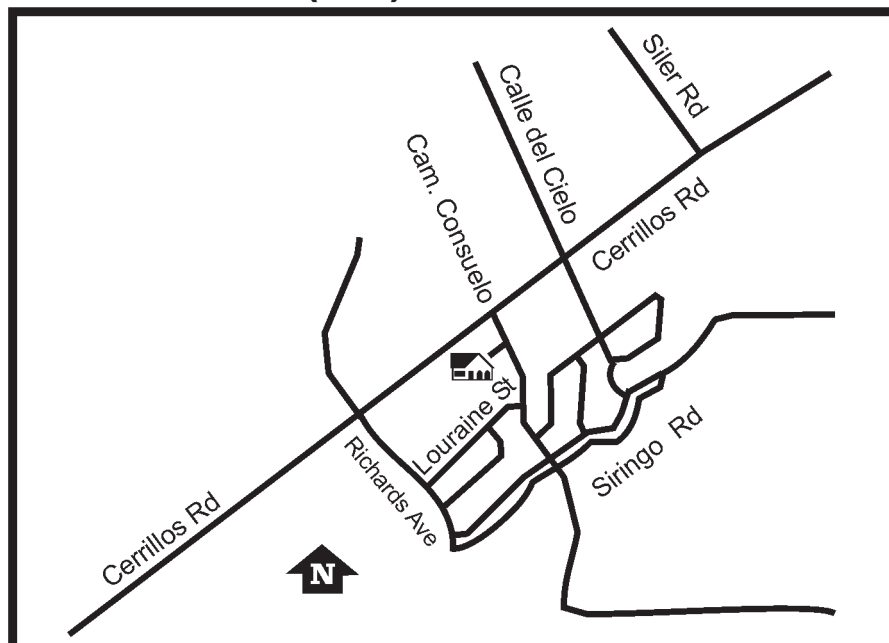
(505) 955-6731



Villa Consuelo Senior Center

1200 Camino Consuelo Santa Fe, NM

(505) 474-5431



JANUARY

Monday	Tuesday	Wednesday
2 All centers closed	3 Luisa Committee Meeting 8:30am Chimayo Committee Meeting 12:30pm Senior IDs issued at M.E.G. 9:30-12:00pm & 1:30-3:00pm Senior Olympics registration begins. January 3 - March 10 Call 955-4721.	4 Rio en Medio Committee Meeting 11:30am Santa Cruz Center Committee Mtg. 12:30pm
9 Pasatiempo Committee Meeting 9:30am Villa Consuelo Committee Meeting 11:30am El Rancho Committee Meeting 12:30pm	10 Transportation Committee Mtg. 10:00am Nutrition Committee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm AARP Defensive Driving Class 1-5pm at M.E.G. Center.	11 Senior Olympic Committe Meeting 9:00am
16 Martin Luther King Jr. Day All centers closed	17 E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	18 Advisory Board Meeting 9:30am at the Round House - Room 315 Villa Consuelo Potluck 12:00pm Bring a dish! Family Caregiver Support Group at the Luisa Senior Center 1-3:30pm
23	24 RSVP Advisory Meeting 9:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	25
30	31 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Make a difference this year. Become a volunteer! Call 955-4760 for information.

2006

Thursday	Friday	Saturday/Sunday
5 Edgewood Committee Meeting 12:00pm Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	6 Ventana de Vida Committee Meeting 8:30am	7
		8
12 Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am Center Planning & Strategy Committee Meeting at 9:30am at Luisa Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm AARP Defensive Driving Class continues 1-5pm at M.E.G.	13	14
		15
19 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Dance at M.E.G. 1-4 pm \$2.00 admission. Bring Senior Center ID card.	20	21
		22
26 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	27 Register now for AARP 55 Alive Defensive Driving Class on April 11 & 13. Call Herb Harris at 471-7043.	28
		29
Please note: M.E.G. = Mary Esther Gonzales Senior Center S.A.C. = Senior Activity Corporation (senior fund-raising group)		

FEBRUARY

Monday	Tuesday	Wednesday
Free Tax Aide services all month. For information call Senior Services at 955-4721.		1 Rio en Medio Committee Meeting 11:30am Santa Cruz Center Committee Mtg. 12:30pm
6 Pasatiempo Committee Meeting 9:30am Villa Consuelo Committee Meeting 11:30am El Rancho Committee Meeting 12:30pm	7 Luisa Committee Meeting 8:30am Chimayo Committee Meeting 12:30pm Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Senior Olympics Expo and Registration Event at M.E.G. 9:00am - 2:00pm	8 Senior Olympics Committee Meeting 9:00am
13	14 Valentine's Day Transportation Committee Meeting 10:00am Nutrition Committee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Valentine's Day Dance at M.E.G. 1-4:00pm \$2 Admission. Bring Senior ID card.	15 Advisory Board Meeting 9:30am at Chimayo Senior Center Villa Consuelo Potluck 12:00pm Bring a dish! Family Caregiver Support Group at the Luisa Senior Center 1-3:30pm
20 President's Day	21 E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	22
27	28 RSVP Advisory Meeting 9:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	

2006

Thursday	Friday	Saturday/Sunday
2 Groundhog Day Edgewood Committee Meeting 12:00pm Senior IDs issued at M.E.G. 9:30am -12:00pm & 1:30-3:00pm	3 Ventana de Vida Committee Meeting 8:30am	4
		5
9 Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am Center Planning & Strategy Committee Meeting 9:30am at Ventana de Vida Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	10	11
		12
16 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	17	18
		19
23 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	24	25
		26
Senior Olympics registration all month long. For information, call 955-4721.		

MARCH

Monday	Tuesday	Wednesday
Senior Olympics registration runs until March 10. Call 955-4721.	Free Tax Aide services all month. For information please call Senior Services at 955-4721.	1 Ash Wednesday Rio en Medio Committee Meeting 11:30am Santa Cruz Committee Meeting 12:30pm
6 Pasatiempo Committee Meeting 9:30am Villa Consuelo Committee Meeting 11:30am El Rancho Committee Meeting 12:30pm	7 Luisa Committee Meeting 8:30am Chimayo Committee Meeting 12:30pm Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	8 Senior Olympic Committee Meeting 9:00am
13	14 Transportation Committee Meeting 10:00am Nutrition Committee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	15 Advisory Board Meeting 9:30am at Edgewood Center Villa Consuelo Potluck 12:00pm Bring a dish! Family Caregiver Support Group at the Luisa Senior Center 1-3:30pm
20	21 E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	22
27	28 RSVP Advisory Meeting 9:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	29

2006

Thursday	Friday	Saturday/Sunday
2 Edgewood Committee Meeting 12:00pm Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	3 Ventana de Vida Committee Meeting 8:30am	4
		5
9 Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am Center Planning & Strategy Committee Meeting at 9:30am at Pasatiempo Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	10 Senior Olympics Registration ends.	11
		12
16 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	17 Saint Patrick's Day	18
		19
23 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	24 RSVP volunteers, we must have your hours worked for January, February, and March in the office by today. Thank you.	25
		26
30 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	31	

APRIL

Monday

Tuesday

Wednesday

Free Tax Aide services through April 15.
For information please call Senior
Services at 955-4721.

3

Pasatiempo Committee Meeting 9:30am
Villa Consuelo Committee Meeting 11:30pm
El Rancho Committee Meeting 12:30pm

4

Luisa Committee Meeting 8:30am
Chimayo Committee Meeting 12:30pm
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

5

Rio en Medio Committee Meeting 11:30am
Santa Cruz Center Committee Mtg. 12:30pm

10

11

Transportation Committee Meeting 10:00am
Nutrition Committee Meeting 11:00am
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

AARP Defensive Driving Class 1-5pm
at M.E.G.

12

Senior Olympic Committee Meeting 9:00am

17

18

E.C.H.O. Commodity Distribution
9:30am-1:30pm County Extension Building,
3229 Rodeo Rd.
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

19

Advisory Board Meeting 9:30am at
El Rancho Center
Villa Consuelo Potluck 12:00pm
Bring a dish!
Family Caregiver Support Group at the
Luisa Senior Center 1-3:30pm

NATIONAL VOLUNTEER WEEK

24

25

RSVP Advisory Meeting 9:00am
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

26

2006

Thursday	Friday	Saturday/Sunday
Senior Olympics Activities All Month. For more information and a schedule of events, please call Senior Services at 955-4721.		1 April Fool's Day
		2 Daylight savings begins. Change your clocks, change your smoke detector batteries.
6 Edgewood Committee Meeting 12:00pm Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	7 Ventana de Vida Committee Meeting 8:30am	8
		9 Palm Sunday
13 Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am Center Planning & Strategy Committee Meeting at 9:30am at Chimayo Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm AARP Defensive Driving Class continues 1-5pm at M.E.G.	14 Good Friday All centers closed half day. Meals on Wheels only, no congregate meals. Transportation 8-11:30am	15 Tax Aide services end.
		16 Easter
20 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Santa Fe Business Expo at College of Santa Fe	21	22
		23
27 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	28 Register now for AARP 55 Alive Defensive Driving Class on July 11 & 13. Call Herb Harris at 471-7043.	29
		30

MAY

Monday	Tuesday	Wednesday
1 Pasatiempo Committee Meeting 9:30am Villa Consuelo Committee Meeting 11:30am El Rancho Committee Meeting 12:30pm	2 Luisa Committee Meeting 8:30am Chimayo Committee Meeting 12:30pm Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	3 Rio en Medio Committee Meeting 11:30am Santa Cruz Committee Meeting 12:30pm
8	9 Transportation Committee Meeting 10:00am Nutrition Committee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	10 Senior Olympic Committee Meeting 9:00am
15	16 E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	17 Advisory Board Meeting 9:30am at Luisa Center Villa Consuelo Pot Luck 12:00pm. Bring a dish! Family Caregiver Support Group at the Luisa Senior Center 1-3:30pm
22	23 RSVP Advisory Meeting 9:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	24
29 Memorial Day All centers closed.	30 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	31

2006

Thursday	Friday	Saturday/Sunday
4 Edgewood Committee Meeting 12:00pm Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	5 Cinco de Mayo Ventana de Vida Committee Meeting 8:30am Cinco de Mayo - Senior Olympics kick-off celebration at M.E.G.	6
		7
11 Travel Committee Meeting 8:45am S.A.C. Committee Meeting 10:00am Center Planning & Strategy Committee Meeting at 9:30am at Santa Cruz Center Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	12	13
		14 Mother's Day
18 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Older Americans' Recognition Dance at M.E.G. 1:00pm-4:00pm. FREE admission. Bring your Senior ID card.	19	20
		21
25 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	26 Senior Olympics Talent Show Fraternal Order of Eagles, 833 Early St. 1:00pm FREE admission.	27
		28
Senior Olympics Activities Month. For more information and a schedule of events, please call Senior Services at 955-4721.		
OLDER AMERICANS' MONTH		

JUNE

Monday

Tuesday

Wednesday

5

Pasatiempo Committee Meeting 9:30am
Villa Consuelo Committee Meeting 11:30am
El Rancho Committee Meeting 12:30pm

6

Luisa Committee Meeting 8:30am
Chimayo Committee Meeting 12:30pm
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

7

Rio en Medio Committee Meeting 11:30am
Santa Cruz Committee Meeting 12:30pm
Villa Consuelo Center barbeque

12

13

Transportation Committee Meeting 10:00am
Nutrition Committee Meeting 11:00am
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

14 Flag Day

Senior Olympic Committee Meeting 9:00am

19

20

E.C.H.O. Commodity Distribution
9:30am-1:30pm County Extension Building,
3229 Rodeo Rd.
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

21

Advisory Board Meeting 9:30am at
M.E.G. Center
Villa Consuelo Pot Luck 12:00pm.
Bring a dish!
Family Caregiver Support Group at the
Luisa Senior Center 1-3:30pm
Edgewood Center barbeque

26

27

RSVP Advisory Meeting 9:00am
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

28

2006

Thursday	Friday	Saturday/Sunday
1 Edgewood Committee Meeting 12:00pm Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	2 Ventana de Vida Committee Meeting 8:30am	3
		4
8 Travel Committee Meeting 8:45am S.A.C. Committee Meeting 10:00am Center Planning & Strategy Committee Meeting at 9:30am at El Rancho Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	9	10
		11
15 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm El Rancho Center barbeque	16	17
		18 Father's Day
22 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	23 RSVP volunteers, we must have your hours worked for April, May, and June in the office by today. Thank you.	24
		25
29 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm M.E.G. Center barbeque	30	

JULY

Monday

Tuesday

Wednesday

3

Pasatiempo Committee Meeting 9:30am
Villa Consuelo Committee Meeting 11:30am
El Rancho Committee Meeting 12:30pm

4 Independence Day

**Pancake Breakfast on the Plaza.
All centers closed.**

5

Rio en Medio Committee Meeting 11:30am
Santa Cruz Center Committee Mtg. 12:30pm

10

11

Luisa Committee Meeting 8:30am
Transportation Committee Meeting 10:00am
Nutrition Committee Meeting 11:00am
Chimayo Committee Meeting 12:30pm
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm
AARP Defensive Driving Class
1-5pm at M.E.G.

12

Senior Olympic Committee Meeting 9:00am

17

18

E.C.H.O. Commodity Distribution
9:30am-1:30pm County Extension Building,
3229 Rodeo Rd.
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

19

Advisory Board Meeting 9:30am at
Pasatiempo Center
Villa Consuelo Pot Luck 12:00pm
Bring a dish!
Family Caregiver Support Group at the
Luisa Senior Center 1-3:30pm
Ventana de Vida barbeque

24

25

RSVP Advisory Meeting 9:00am
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm
Pasatiempo Center barbeque

26

31

2006

Thursday	Friday	Saturday/Sunday
		1
		2
6 Edgewood Committee Meeting 12:00pm Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Luisa Center barbeque	7 Ventana de Vida Committee Meeting 8:30am	8
		9
13 Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am Center Planning & Strategy Committee Meeting at 9:30am at Rio en Medio Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Rio en Medio Center barbeque AARP Defensive Driving Class continues 1-5pm M.E.G.	14	15
		16
20 Senior ID's issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Summer Dance at M.E.G. 1- 4pm. \$2 admission. Bring your Senior Center ID card.	21	22
		23
27 Senior ID's issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Villa Consuelo Center barbeque	28 Register now for AARP 55 Alive Defensive Driving Class at M.E.G. October 10 & 12. Call Herb Harris at 471-7043	29
		30

AUGUST

Monday

Tuesday

Wednesday

1

Luisa Committee Meeting 8:30am
Chimayo Committee Meeting 12:30pm
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

2

Rio en Medio Committee Meeting 11:30am
Santa Cruz Center Committee Mtg 12:30pm
Santa Cruz Center barbeque

7

Pasatiempo Committee Meeting 9:30am
Villa Consuelo Committee Meeting 11:30am
El Rancho Committee Meeting 12:30pm

8

Transportation Committee Meeting 10:00am
Nutrition Committee Meeting 11:00am
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

9

Senior Olympic Committee Meeting 9:00am
Chimayo Center barbeque

14

15

E.C.H.O. Commodity Distribution
9:30am-1:30pm County Extension Building,
3229 Rodeo Rd.
No Senior ID's issued this week.

16

Advisory Board Meeting 9:30am at
Glorieta Conference Center

New Mexico Conference

21

22

RSVP Advisory Meeting 9:00am
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

23

Villa Consuelo Pot Luck 12:00pm
Bring a dish!

28

29

Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

30

2006

Thursday	Friday	Saturday/Sunday
3 Edgewood Committee Meeting 12:00pm Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	4 Ventana de Vida Committee Meeting 8:30am	5
		6 Santa Fe County Fair. August 6-13, Rodeo Grounds
10 Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	11	12
		13
17 Center Planning & Strategy Committee Meeting at Glorieta Conference Center No Senior IDs issued this week. On Aging	18	19 Indian Market. August 19-20, the Plaza.
		20
24 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	25	26
		27
31 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm		

SEPTEMBER

Monday

Tuesday

Wednesday

Look in Senior Scene for date of Senior Health & Safety Extravaganza!

4 Labor Day

All centers closed.

5

Luisa Committee Meeting 8:30am
Chimayo Committee Meeting 12:30pm
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

6

Rio en Medio Committee Meeting 11:30am
Santa Cruz Center Committee Mtg. 12:30pm

11

Pasatiempo Committee Meeting 9:30am
Villa Consuelo Committee Meeting 11:30am
El Rancho Committee Meeting 12:30pm

12

Transportation Committee Meeting 10:00am
Nutrition Committee Meeting 11:00am
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

13

Senior Olympic Committee Meeting 9:00am

18

19

E.C.H.O. Commodity Distribution
9:30am-1:30pm County Extension Building,
3229 Rodeo Rd.
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

20

Advisory Board Meeting 9:30am at
Rio en Medio Center
Villa Consuelo Pot Luck 12:00pm
Bring a dish!
Family Caregiver Support Group at the
Luisa Senior Center 1-3:30pm

25

26

RSVP Advisory Meeting 9:00am
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

27

2006

Thursday	Friday	Saturday/Sunday
	1 Ventana de Vida Committee Meeting 8:30am	2
		3
7 Edgewood Committee Meeting 12:00pm Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Fiesta Dance, at M.E.G. 1- 4pm. \$2 admission. Bring your Senior Center ID card.	8 Fiestas All centers closed half day. Meals on Wheels only, no congregate meals. Transportation 8-11:30am	9 Pet Parade
		10 Grandparent's Day Historical/Hysterical Parade
14 Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am Center Planning & Strategy Committee Meeting at 10:00am at Edgewood Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	15	16
		17
21 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	22 Rosh Hashanah RSVP volunteers, we must have your hours worked for July, August, and September in the office by today. Thank you.	23
		24
28 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	29	30
		October 1

OCTOBER

Monday	Tuesday	Wednesday
2 Yom Kipper Pasatiempo Committee Meeting 9:30am Villa Consuelo Committee Meeting 11:30am El Rancho Committee Meeting 12:30pm	3 Luisa Committee Meeting 8:30am Chimayo Committee Meeting 12:30pm Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	4 Rio en Medio Committee Meeting 11:30am Santa Cruz Committee Meeting 12:30pm
9 Columbus Day All centers closed.	10 Transportation Committee Meeting 10:00am Nutrition Committee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm AARP Defensive Driving Class 1-5pm at M.E.G.	11 Senior Olympic Committee Meeting 9:00am
16	17 E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	18 Advisory Board Meeting 9:30am at Ventana de Vida Center Villa Consuelo Pot Luck 12:00pm Bring a dish! Family Caregiver Support Group at the Luisa Senior Center 1-3:30pm
23	24 RSVP Advisory Meeting 9:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	25
30	31 Halloween Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Halloween Dance at M.E.G. 1-4:00pm. \$2 admission. Bring Senior Center ID card.	

2006

Thursday	Friday	Saturday/Sunday
5 Edgewood Committee Meeting 12:00pm Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	6 Ventana de Vida Comittee Meeting 8:30am	7
		8
12 Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am Center Planning and Strategy Committee Meeting 9:30am at Villa Consuelo Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm AARP Defensive Driving Class continues 1-5pm at M.E.G. .	13	14
		15
19 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	20 For a schedule of upcoming AARP Defensive Driving classes at M.E.G. call Herb Harris at 471-7043.	21
		22
26 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	27	28
		29 Daylight savings ends. Change your clock, change your smoke detector batteries.

NOVEMBER

Monday

Tuesday

Wednesday

1

Rio en Medio Committee Meeting 11:30am
Santa Cruz Center Committee Mtg. 12:30pm

National Caregiver Month

6

Pasatiempo Committee Meeting 9:30am
Villa Consuelo Meeting 11:30am
El Rancho Committee Meeting 12:30pm

7 Election Day

Luisa Committee Meeting 8:30am
Chimayo Committee Meeting 12:30pm
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

8

Senior Olympic Committee Meeting 9:00am

13

14

Transportation Committee Meeting 10:00am
Nutrition Committee Meeting 11:00am
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

15

Advisory Board Meeting 9:30am at
Villa Consuelo Center
Villa Consuelo Pot Luck 12:00pm.
Bring a dish!
Family Caregiver Support Group at the
Luisa Senior Center 1-3:30pm

20

21

E.C.H.O. Commodity Distribution
9:30am-1:30pm County Extension Building,
3229 Rodeo Rd.
No Senior IDs this week

22

27

28

RSVP Advisory Meeting 9:00am
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

29

2006

Thursday	Friday	Saturday/Sunday
2 Edgewood Committee Meeting 12:00pm Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	3 Ventana de Vida Comittee Meeting 8:30am	4
		5
9 Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am Center Planning and Strategy Committee Meeting at 9:30am at M.E.G. Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	10 All centers closed.	11 Veteran's Day
		12
16 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	17	18
		19
23 Thanksgiving All centers closed.	24 All centers closed.	25
		26
30 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm		

DECEMBER

Monday

Tuesday

Wednesday

4

Pasatiempo Committee Meeting 9:30am
Villa Consuelo Committee Meeting 11:30am
El Rancho Committee Meeting 12:30pm

5

Luisa Committee Meeting 8:30am
Chimayo Committee Meeting 12:30pm
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

6

Rio en Medio Committee Meeting 11:30am
Santa Cruz Center Committee Mtg. 12:30pm

11

12

Transportation Committee Meeting 10:00am
Nutrition Committee Meeting 11:00am
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

13

Senior Olympic Committee Meeting 9:00am

18

19

E.C.H.O. Commodity Distribution
9:30am-1:30pm County Extension Building,
3229 Rodeo Rd.
Senior IDs issued at M.E.G.
9:30am-12:00pm & 1:30-3:00pm

20

Advisory Board Meeting 9:30am
Location TBA
Villa Consuelo Pot Luck 12:00pm
Bring a dish!
Family Caregiver Support Group at the
Luisa Senior Center 1-3:30pm

25 Christmas

All centers closed.

26 Kwanzaa Begins

RSVP Advisory Meeting 9:00am
No Senior IDs issued this week.

27

2006

Thursday	Friday	Saturday/Sunday
	1 Ventana de Vida Committee Meeting 8:30am	2
		3
7 Edgewood Committee Meeting 12:00pm Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	8	9
		10
14 Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am Center Planning & Strategy Committee Meeting at 9:30am. Location TBA. Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	15 Hanukkah	16
		17
21 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Snowball Dance, M.E.G. 1-4pm. Bring your Senior Center ID card. FREE admission.	22 RSVP volunteers, we must have your hours worked for October, November and December in the office by today. Thank you.	23
		24 Christmas Eve
28 No Senior IDs issued this week.	29	30
		31 New Year's Eve

[illegible]

This is the sixteenth annual calendar prepared by the Division of Senior Services for use by all of our seniors and staff. We would like to acknowledge Valerie Chelonis, Graphic Artist for the City of Santa Fe, for her fine work and dedication to this project.

Patricia Chavez-Rodriguez, DSS Director